



Weekly Safety Meetings

Safety Training for the Construction Industry

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Premium Membership

COMPANY NAME: _____

Library 27-25

Material Handling I

Let's talk about keeping our fingers, toes, hands, and feet safe when we handle materials. There are a great number of hazards on the job because materials come in various sizes, weights, and shapes. Since they do, we have to find the best way to handle them with maximum safety, maximum effectiveness, and minimum risk. You're probably familiar with the hazards, but it's always a good idea to refresh our memories.

We won't spend time talking about materials that are handled by hoists and cranes. Instead, let's talk about handling materials by hand. The fact is, more hands, fingers, toes, and backs are injured in construction than in any other type of material-handling operation. Many of us have had a soft-tissue injury sometime during the course of our construction employment.

Keep proper material handling methods in mind:

- When lifting an object, bend at the knees, keep your back straight, and lift with your leg muscles.
- Never try to move a load that is too heavy or too bulky to be handled by one person. Ask a co-worker for help.
- Watch for sharp or jagged edges; wear gloves to protect your hands.
- Remember that gloves might not grip as well as your skin, so the load may slide out of your hands more easily.

- Wear safety footwear to protect your toes and feet from severe injury.
- Be sure you can see where you are going and that your path is free of tripping hazards or obstructions.
- Before you set materials down, be sure your fingers and toes are clear of pinch points.
- Make sure that the floor of the storage area is capable of supporting the load safely.
- Anytime you move or handle a hazardous chemical, be sure you understand the MSDS and that you wear the proper personal protective equipment.
- Stack materials safely, neatly, and securely in piles or stacks.
- When you remove or return items, make sure stacks and piles remain neat so that they don't topple.

Don't wait to learn from a mistake. Use common sense, forethought, and know-how to prevent pain.

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SAFETY REMINDER
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At the end of the day, secure and store materials to prevent theft and injury.

NOTES:

SPECIAL TOPICS /EMPLOYEE SAFETY RECOMMENDATIONS/NOTES:

S.A.F.E. CARDS® PLANNED FOR THIS WEEK:

REVIEWED SDS #

SUBJECT:

MEETING DOCUMENTATION:

JOB NAME:

MEETING DATE:

SUPERVISOR:

ATTENDEES:

These instructions do not supersede local, state, or federal regulations.